



North Carolina Spinal Cord Injury Association

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- Wilmington Medical Supply

A DAY TO CONNECT...OUR ANNUAL CONFERENCE...HOPE TO SEE YOU THERE!!

NCSCIA  
 7980 Chapel Hill Rd, Suite 101  
 Cary, NC. 27513  
[www.ncscia.org](http://www.ncscia.org)



North Carolina Spinal Cord Injury Association

SCI Annual Wellness Conference

a Day to CONNECT

July 28, 2018

9:30am-3:30pm

Noah's Event Center  
5180 Paramount Parkway  
Morrisville, NC. 27560

[www.ncscia.org](http://www.ncscia.org)



## 2018 Conference Schedule

9:30am: Registration

10:00am:

- Welcome
- Eat Well Live Well with SCI- Addressing Pain and Weight- Presented by Joanne Smith and Kylie James

11:30am:

- Exercise for Every Body: Maximizing your Potential- Presented by Kristin McNealus

12:30-2:00pm:

- Lunch and Vendors

2:00-3:00pm:

- Eating Well on a Budget & Boosting Energy

3:00pm:

- Wrap-Up

- Check out the vendor exhibits!
- Great Opportunity for Peer Networking

### More About our Guest Speakers

Joanne Smith, BA, BRT Dip, CNP

Kylie James. B.Sc (OT), CNP, RNCP

Certified Nutritional Practitioners  
and co-authors of Eat Well Live Well  
with Spinal Cord Injury

[www.eatwelllivewithsci.com](http://www.eatwelllivewithsci.com)



Kristin McNealus, DPT, MBA, ATP

Owner, Every Body Fitness, an  
online exercise program for people  
with physical limitations.

[www.ebfitnessonline.com](http://www.ebfitnessonline.com)



## Vendor Exhibits

Adaptive Sports  
Wheelchair Basketball  
Quad Rugby  
Adaptive Vans, Inc  
Affordable Medical  
Alliance of Disability Advocates  
Canine Companion for  
Independence  
Essential Healing LLC  
Ilderton Conversion Company  
Inspiration Golf, Inc  
Johnston Global Wellness (Isogenix)  
NC Adaptive Technology Program  
(NCTAP)  
NC Wildlife Resources Commission  
NC Spinal Cord Injury Association  
(NCSCIA)  
NextStep Raleigh  
Numotion  
Professional Healthcare, Inc  
Stalls Medical, Inc  
Steps for Recovery  
Sunrise Medical  
UNC Hospitals  
Virginia Mid-Atlantic PVA  
WakeMed Health& Hospitals